

GETTING BACK TO

Basics 2025

EATING HEALTHY WITHOUT BREAKING THE BANK

DATES: MAY 30 ★ JUNE 6 ★ JULY 18
AUGUST 8 ★ SEPT 12 ★ OCT 24 ★ NOV 21

All Classes will be from 10am -12pm
at the Clark County Extension Office
1400 Fortune Drive



- Budget Friendly Meals
- Making Healthy Choices
- Tasty Tips & Tricks
- Free Gift at the End of Each Class

**SPEAKER: SANDY KENNEDY
NUTRITION EDUCATION SENIOR**

**To Register Contact:
THE CLARK COUNTY EXTENSION OFFICE
PHONE: 859-744-4682 OR
EMAIL: SCRAWFOR@UKY.EDU**



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